

2010



Elite Soccer Training for Teams and Individuals

RBSA ELITE

At Gardner-Webb University

Date: July 25 to July 29

GARDNER-WEBB MEN'S SOCCER

2006 NCAA National Tournament 2nd Round Appearance

www.therbsa.net

**Runnin' Bulldog Soccer Academy
105 Carters Grove Road
Boiling Springs, NC 28152**

- ◆ Elite Teams and Individuals
- ◆ Preseason Camp and Tournament
- ◆ Excellent Staff
- ◆ Competitive Environment
- ◆ Camper Evaluations
- ◆ Mental Skills Training
- ◆ College Recruiting Session
- ◆ Quality Facilities



For More Information:
Phone: 704-473-5892
Fax: 704-406-3038
Email: tsetzer@gardner-webb.edu

Medical Information

Medical Information

Father's Name

Work Phone Home Phone

Mother's Name

Work Phone Home Phone

Emergency Contact Phone

Camper's Physician Phone

Date of last Tetanus Toxoid

Waiver Statement

All campers must have their own medical coverage. The camp provides only excess coverage (does not cover deductibles) after your insurance policy has been utilized. Campers will not be allowed to play unless the following information is submitted and the form signed by the parent or guardian of the camper.

Camper's Insurance Company

Policy Holder Policy Number

I give my written permission for my child to be treated by a doctor if necessary. He/she is physically fit according to our family doctor.

Signature of Parent or Guardian

Date



Training Method

The objective is to challenge each player to their fullest potential. We have an outstanding curriculum that includes technical and tactical training, a demanding schedule of intense training, and the final element of competition. Players will be continually challenged to perform in a competitive training and game environment. The staff will test and evaluate each player, physically and mentally, to offer ways to maximize a player's potential.

Daily Schedule

SUNDAY

- 2-4 PM Registration
- 4-5 PM Meeting
- 5-6 PM Dinner
- 6:00 Session & Matches

DAILY SCHEDULE

- 6:30 Skills Session
- 7:45 Breakfast
- 9:00 Team Training Session—Technical (Commuters arrive)
- 10:30 Tournament of Champions
- 12:00 Lunch
- 2:00 Team Training Session-Tactical
- 3:30 Skill Session or Match
- 5:00 Dinner
- 6:30 Evening Matches
- 8:30 Cool Down and Stretch
- 11:00 Lights Out

THURSDAY

- 6:30 Skill Session
- 7:45 Breakfast
- 9:30 Championship Matches
- 12-1 Check-out

Directors

Tony Setzer—Head Coach—Director

- 23 years at the college level.
- USSF "A" License
- 3 Times Coach of the year.
- 25 years at the collegiate level
- DOC for the Greater Cleveland County Soccer Association

Tyler Kettering —Associate Head Coach—Co-Director

Jason Osborne—FCCA—DOC—Co-Director

Dane Geraci—GWU- Goalkeeper Coach—GK Director

We only employ college caliber coaches to work with teams.

Features

- ◆ Outstanding curriculum.
- ◆ Highly qualified staff of college, club, and high school coaches.
- ◆ Mental Training for players.
- ◆ Competitive matches in a tournament format.
- ◆ Written detailed evaluations to serve as feedback for each player.
- ◆ Certified Athletic Trainer.
- ◆ Air conditioned dorms.
- ◆ College recruitment seminar and service.
- ◆ Water bottle, t-shirt, and gym sack.

Goalkeeper Training

Goalkeeping is a specialized art and they will receive highly specific training to meet their technical, tactical, mental, and functional demands.

Additional Information

What to Bring: SOCCER BALL, pillow, sheets, pillowcase, blanket, towels, soap, toiletry articles, tennis shoes, alarm clock, t-shirts, soccer shorts, swim suit, sunscreen, soccer shoes, cleats, and shin guards. (NOTE: Soccer footwear should be broken in prior to camp—new shoes will cause blisters).

Location: Gardner-Webb University is located in Boiling Springs, NC 28017.

Application: Must be accompanied with a \$50 deposit

www.therbsa.net

July 25 to July 29

2009 Elite Team and Individual Week Application

Name _____ Age: _____
 Address: _____
 City, State: _____ ZIP: _____
 Home Phone _____ Work Phone _____
 Email Address: _____
 Individual _____ or Team: _____
 _____ Residential Camper TEAM _____
 _____ Residential Camper Individual \$325 _____
 ROOM Mate Request: _____
 _____ Commuter Camper TEAM: _____
 _____ Commuter Camper Individual \$195—\$185 (TEAM) _____
 _____ Field Player _____ Goalkeeper _____
 T-shirt size: YM—YL—S—M—L—XL

A \$50 Non Refundable Application Fee must accompany this application.

Fees:
Individual Resident Players:
 \$325 Per Player

For Resident Teams:
 10 or More \$295

For Commuter Individual:
 \$195 per player

For Commuter Teams:
 10 or more \$185 per player



INDIVIDUAL CAMPERS REGISTER BY JULY 9, and GET AN EARLY BIRD DISCOUNT.

Return Application to:
 Runnin' Bulldog Soccer Academy
 105 Carters Grove Road
 Boiling Springs, NC 28152
 Phone: 704-473-5892
 Email: tsetzer@gardner-webb.edu